

## «PROFI4PROFI» MASTERCLASS

### Participatory Methods with Poste Restante (Sweden)

Organised by Schlachthaus Theater SHT and Dampfzentrale Bern



Photo: Patriez van der Wens

This masterclass, lead by Linn Hilda Lamberg and Stefan Åkesson, is divided into two sections:

First: We focus on practical exercises used by Poste Restante to practice and prepare performers for audience participation. During this section we will look into key components such as labour/task based performance methods as well as how one can assume the position of audience proxy in order to direct the performance from within.

Second: We focus on authorship. How can we use personal memories in order to formulate integrity and desire in relation to our own artistic practices?

#### **About Poste Restante:**

Poste Restante is a critically acclaimed Swedish performance company founded in 2007 by artistic directors Linn Hilda Lamberg and Stefan Åkesson. Over the course of nearly two decades, the company has created numerous large- and small-scale performance works. Lamberg and Åkesson have developed an artistic practice that unites site-specificity, participatory formats and performative inquiry. The artistic event is treated as a "state of exception" alongside everyday life — a space which the audience can retreat to in order to attend to feelings and thoughts that are usually not given any time

or place. In Poste Restante's productions, the visitor is the unpredictable protagonist and the final interpreter of the work.

[www.poste-restante.se](http://www.poste-restante.se)

## Participants:

The masterclass is for professionals and students of performing arts.

**Participation fee:** CHF 20 per person (free for people with S, N, or F residence permits or those without a regular residence status).

The number of participants is limited, please register at [tina.odermatt@schlachthaus.ch](mailto:tina.odermatt@schlachthaus.ch)

**Clothing / Material:** Wear comfortable clothes. (No high-intense physical exercises, but one should be comfortable moving around a bit). Bring pen and paper. We prefer to keep the space free from computers and screens.

**Language:** English, translation to German possible.

## Where & When:

Monday, 28 September 2026, 6pm – 10pm

at Studio in Dampfzentrale Bern, Marzilistrasse 47, 3005 Bern

Schlachthaus Theater SHT and Dampfzentrale Bern offer Masterclasses with renowned international artists and local initiatives. **Participatory Methods with Poste Restante** is organised in the context of the guest performance «[Wuthering, Wuthering Heights](#)» by Poste Restante, which will be shown on September 26, 27, 29 & 30, 2026 at Schlachthaus Theater.

